

Hello From The President

Upcoming

Meetings

All meetings are
at 7:00 PM

**March 10 -
Fashion Show**
*benefiting Hope's
Door – ticket
needed*

April 14
*A "babyshower" for
My Friend's House*

April 25
Relay for Life –
The Ballfields at
Craig Ranch

**May 12 - Food
and Wine Pairings**
Outreach: SPCA

**May 17 -SRLA
Yard Sale –**
Stonebridge
Methodist Church
1800 S.
Stonebridge Dr.
8-noon

If you would like to
receive e-mails
please send your
updated e-mail
addresses to Wendy
Shelley:
wendshel@aol.com

SRLA had a busy February! Barb Jones, Pam Wenzel and son Palmer, Chris Wallace, JoAnn Austin, Bonnie Boone, Pat Thrasher, Stacy Pierson, Lynn Tanner and Jan Ferris all rode on Team SRLA for 12 hours at Cycle for A Cure, benefiting juvenile diabetes research. It was a great event and raised over \$66,000 for JDRF! Way to go team!!! Members also enjoyed a fabulous meeting in February. Representatives from Cafe Malaga and Roasati's Pizza provided us samples of great food from their new restaurants.

More info:
www.cafemalaga.com and
www.roasatipizza.com

Additionally, Hank Wich, Exec. Dir. from Avenues Counseling Center in McKinney was in attendance to tell us all of the wonderful things going on with that organization. If you or someone you know needs to speak with a counselor:

www.avenuescounseling.org

We won't meet in March because of the fashion show (see details on the next page), but I will see you there!

Blessings,
Wendy

Did You Know...

Get your Shop the Avenues card

Purchase your card for \$40 at participating retailers as well as at Avenues Counseling located across from Coffee and Cream at 201 W. Louisiana Street and get 20% off your purchases March 1-9!!! More details:

www.avenuescounseling.org

100% of the purchase price of the card goes directly to Avenues Counseling so they may assist members of our community.

Did you know ... Zin Zen has charity wine tasting on Tuesday nights from 5-9?!? For \$20 you taste wine and have appetizers with \$5 of it going to the charity of the month – which is Hope's Door in March!!! See you there.

Let's Relay!

Sign up for Relay for Life!!! It's really fun and is a great way to support the fight against cancer. The event is April 25th at the Ballfields at Craig Ranch. (see page 2 for more details!)

Thank you to Kim at Welco Web Design for keeping our web site up to date!!! 817-784-0660
kim@welcowedesign.com



SRLA CONTINUES THE FIGHT AGAINST CANCER FOR THE THIRD YEAR

Whether it's a friend, a family member, or the neighbor down the street, we all know someone who has been touched by cancer. Many of us are concerned about this disease and want to do something to make a difference. SRLA will sponsor a team in the American Cancer Society Relay For Life®, for the third year. Relay For Life is an event that brings together the whole community and helps raise funds for the fight against this disease.

This year's Relay will be held April 25th at The Ballfields of Craig Ranch. At the event, we'll camp out overnight, walk around the track, and meet lots of new people. There is an incredible tribute to cancer survivors and caregivers that starts off the night and a moving ceremony honoring those who have fought the disease. I can truly say Relay is unlike anything else you'll ever do. It's a night full of fun, hope, and remembrance.

If you want to join SRLA in the fight against cancer, please go to McKinney Relay for Life website at <http://events.cancer.org/rflmckinneytx>. Click "View Teams" Scroll to "SRLA" and Click "Join Team" to sign up online. If you have any questions or need help signing up, please contact Martha Duncan at mckinneyluminarias@tx.rr.com. I look forward to walking with you again this year. – Martha Duncan

Stonebridge Ranch Ladies Association Fashion Show

Presented by SteinMart, benefiting Hope's Door

Monday, March 10, 2008

The Ranch Country Club

5901 Glen Oaks Drive

6:00 pm Cash Bar and Silent Auction 7pm Dinner

RSVP with your check for \$45 to:

SRLA, PO Box 1972, McKinney, TX

75070

Tickets are limited

Questions www.srla.us or 214-544-2280

Advertising

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Board Members

Wendy Shelley, President - wendshel@aol.com
Beth Tuma-Thomas, Vice President/Programs - btuma@inovixmedical.com
Jan Ferris, Secretary - rwferris@aol.com
Stacy Pierson, Treasurer - spierson@robertbalkman.com
Elaine Coomber-Manders, Membership - elainecoomber@tx.rr.com
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Melanie Hedrick, Outreach - m.hedrick@sbcglobal.net
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LET'S GET FIT!!

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\$30/hr each for two people \$25/hr each for three people

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 - AHA First Aid and CPR certified • Triathlete
 - Attendee of 2007 IDEA World Fitness Convention, San Diego CA • Member of IDEA Health and Fitness Association
- 214-578-3180** bobbic98@yahoo.com

As seen in Spa Magazine – *Raindrop Massage*. This blissful experience is a fabulous way to relax and rejuvenate! Call Kate Moore today 214-585-2523 To schedule your in home appt. or see her at Star Nail Salon.

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Allison Brusa-

972-529-2859

Alison Sheffer -

972-562-1462

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Care

Nadya Patapoff (adult)

972-540-6354

Interested in advertising your business in the SRLA newsletter? Rates are \$30 for 1 month or \$75 for 3 months. Just send your check and ad copy to PO Box 1972, McKinney, TX 75070 or send an e-mail to: spierson@robertbalkman.com